



## Mini Dental Implant(s) and Prosthetics Post-Op Instructions

**For:**  Crown(s) # \_\_\_\_\_  Lower Denture Stabilization  Upper Denture Stabilization

**1. Medications:** take all medications as prescribed and do not mix narcotic medications with alcohol or drive/operate heavy machinery.

**2. Avoid the following for the next 24 to 72 hours:**

- Smoking – it is best to stop tobacco use for the next 72 hours
- Drinking alcoholic or carbonated beverages
- Using a drinking straw
- Heavy rinsing or spitting
- Pulling your cheek to check surgery site
- Strenuous/physical activity for 72 hours

**3. Apply an ice pack to your face over the surgery area for 15 minutes on, 15 minutes off, and repeat this cycle multiple times for the next 12-24 hours to help reduce swelling.**

**4. Begin gentle warm salt water rinses (1tsp. in 8oz glass) tomorrow.**

**5. Drink plenty of fluids to stay hydrated and eat soft foods (ie. Jell-O, pudding, scrambled eggs, ice cream, etc.) as tolerated.**

**6. It is normal to have an elevated body temperature ranging from 98.5 to 102 degrees F a few days following surgery.**

**7. For denture patients, keep your implant retained denture(s) in place for the next 48 to 72 hours. Dr. Rider will remove them at your next follow up appointment.**

**8. If you have any further questions or concerns, please contact our office between 8AM to 5PM Monday through Thursday or Dr. Rider's cell phone (337) 552-8121 after normal office hours.**